

**MIKE KELO PHYSICAL THERAPY, PLLC
PATIENT HISTORY QUESTIONNAIRE**

Patient Name _____ Today's Date _____

Age _____ Height _____ Weight _____ Occupation _____

Please describe your condition and how it began _____

Date Problem began: _____ Date of Surgery(if applicable): _____

Your goals for therapy _____

Have you been in PT or home therapy before? No Yes When? _____

Will your cultural or spiritual beliefs affect your participation in therapy? Yes No

If yes, please explain: _____

Preferred method of learning (circle all that apply): Reading Hearing Visual
Are there factors that will affect your ability to learn from your therapist? (vision, hearing, language, other _____)

Yes or No If Yes, please explain: _____

Highest grade completed? _____

Please circle all of the conditions that apply to you:

- | | | | | |
|---------------------|----------------------|---------------------|------------------|------------------|
| High blood pressure | Neurological disease | Pregnancy | Recent Fractures | Osteoporosis |
| Heart disease | Stroke | Back problems | Fibromyalgia | Incontinence |
| Pacemaker | Seizures | Neck problems | Chronic Fatigue | Skin sensitivity |
| Diabetes | Muscle disease | Balance problems | Myofascial pain | Skin Conditions |
| Stomach Problems | Respiratory disease | Increased fall risk | Speech problems | Cancer |
| Kidney disease | Asthma | Dizziness | Hearing loss | Tuberculosis |

Other, please describe (include allergies): _____

Known or suspected allergies: _____

Are you allergic to latex products? Yes No

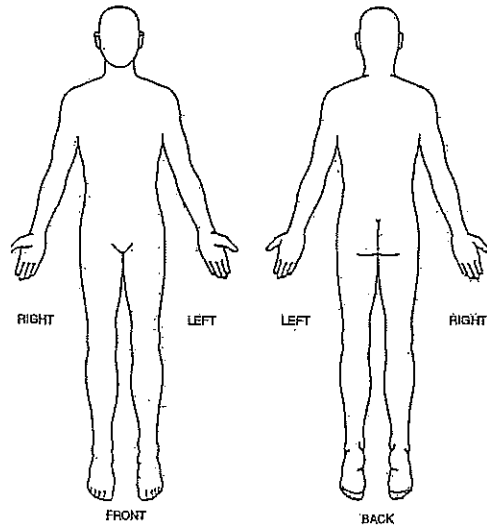
Your current medications: _____

Please circle the tests you have had recently: X-ray MRI Arthrogram CT Scan Myelogram EMG Cardiac tests
Nerve conduction velocity Blood tests Thyroid panel Other tests: _____

Have you been experiencing pain recently? Yes No
If Yes, please describe your recent and or current pain problems: _____

(Please Continue Pain Description on Back of Form)

Shade in the area(s) where you are currently having pain:



Please use the scale below to rate the intensity of current pain for each location by describing the location and then entering a number on the appropriate line to indicate your pain NOW, at its WORST, and at its LEAST. Then, please answer the following questions about each site of pain.

None 0 1 2 3 4 5 6 7 8 9 10 Most severe

| | | |
|--|--|--|
| Location _____ (use number scale below) Pain Now _____ Pain at Worst _____ Pain at Least _____ | Location _____ (use number scale below) Pain Now _____ Pain at Worst _____ Pain at Least _____ | Location _____ (use number scale below) Pain Now _____ Pain at Worst _____ Pain at Least _____ |
| The Pain Feels (circle): Sharp Dull Cold Burning Stabbing Throbbing Shooting Radiates to: _____ | The Pain Feels (circle): Sharp Dull Cold Burning Stabbing Throbbing Shooting Radiates to: _____ | The Pain Feels (circle): Sharp Dull Cold Burning Stabbing Throbbing Shooting Radiates to: _____ |
| Frequency: Constant Daily Intermittent | Frequency: Constant Daily Intermittent | Frequency: Constant Daily Intermittent |
| What relieves pain? | What relieves pain? | What relieves pain? |
| What aggravates Pain? | What aggravates Pain? | What aggravates Pain? |
| Previous Treatment for this Pain: | Previous Treatment for this Pain: | Previous Treatment for this Pain: |

FOR THERAPIST USE ONLY (evaluation findings, including additional pain sites)

Have reviewed contents of form and discussed with the patient: Yes No

| | | | |
|--|--------------------|----|----|
| Pain or Education Materials Provided? Yes No | Resting Vitals: BP | HR | RR |
| | | | |
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